



Healthy Schools Initiative

- Welcome
- About Sequoia Healthcare District (www.seqhd.org)
- Healthy Schools Initiative Grants Program (www.seqhd.org/grants)
- Application process and timeline
- Q&A

A low-angle photograph of a large sequoia tree trunk, showing its characteristic reddish-brown, deeply furrowed bark. The trunk extends from the bottom center towards the top of the frame. The background is filled with the dense green foliage of the tree's canopy, with some branches and leaves visible against a bright sky. A dark, semi-transparent horizontal banner is positioned across the lower third of the image, containing the text "Sequoia Healthcare District" in a large, bold, white sans-serif font, and "FOR YOUR HEALTH" in a smaller, all-caps, white sans-serif font below it.

Sequoia Healthcare District

FOR YOUR HEALTH

Healthy Schools Initiative





**Sequoia
Healthcare
District**

FOR YOUR HEALTH

Healthy Schools Initiative



**SAN MATEO
COUNTY HEALTH**

All together better.



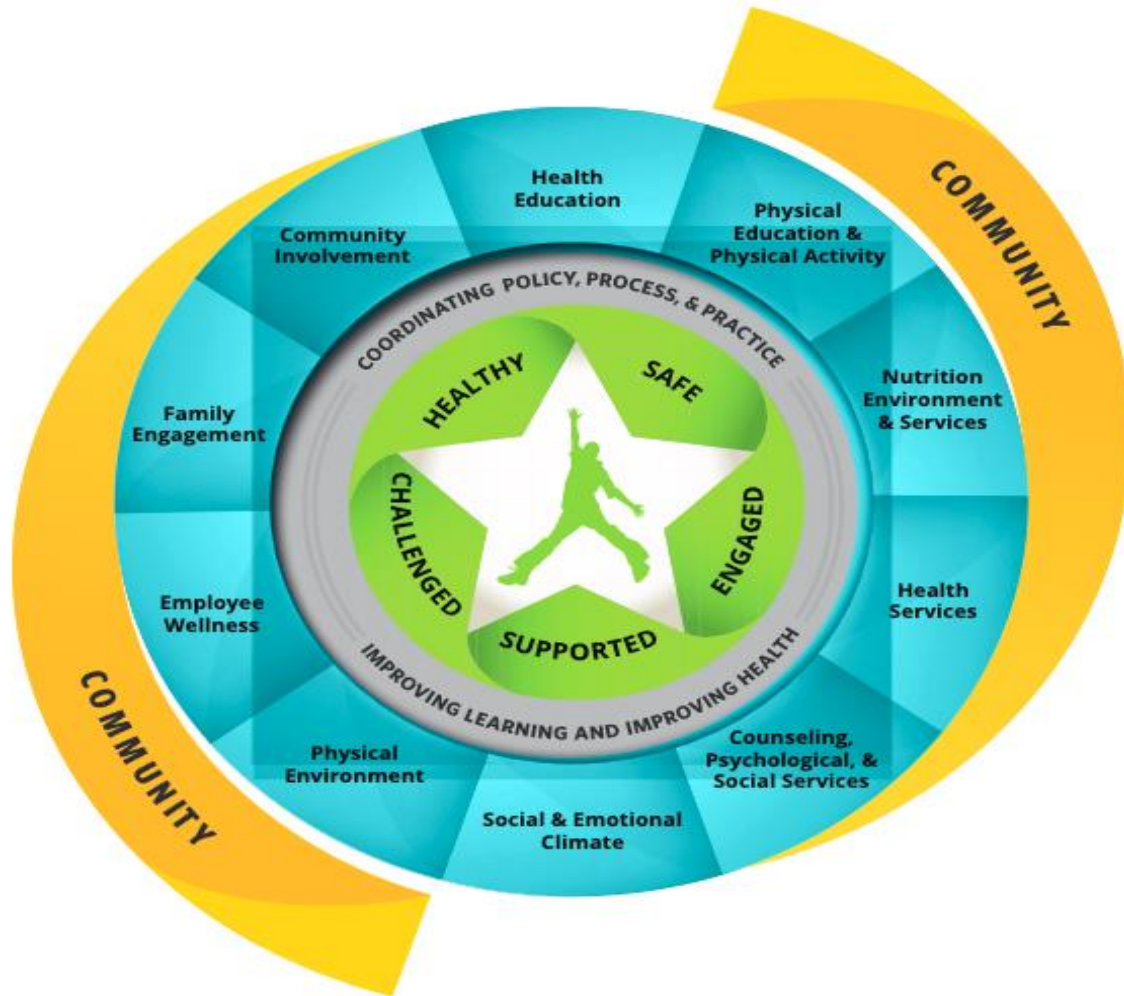
**Coalition for
Safe Schools &
Communities**



**SAN MATEO
COUNTY
OFFICE OF
EDUCATION**

Excellence and Equity in Education

Healthy Schools Initiative



Healthy Schools Initiative Wellness Components

District Wellness

The WSCC model is the CDC's framework for addressing health in schools.

1. Physical education and physical activity
2. Nutrition environment and services
3. Health education
4. Social and emotional climate
5. Physical environment
6. Health services
7. Counseling, psychological, and social services
8. Employee wellness
9. Family engagement
10. Community involvement





Healthy Schools Initiative

2024-25 Funding Areas

SHD provides one-year competitive grants to community-based organizations to support health & wellness programs in local school districts.

Our Healthy Schools Initiative grants provides funding for programs that address:

- Counseling & Social Emotional Development
- Health Literacy & Physical Activity
- Food & Nutrition
- Family Engagement & Community Involvement

January 11, 2024



Healthy Schools Initiative

2024-25 Grants Timeline

SHD provides one-year competitive grants to community-based organizations to support health & wellness programs in local school districts.

HSI Grants Timeline:

LETTER OF INTENT (LOI) DUE	February 14th (Valentine's Day) by 5pm
FULL APPLICATION DUE	April 15th (Tax Day) by 5pm
Committee reviews full apps	May
Board votes on grant recommendations	June Board Meeting
MID-YEAR REPORTS DUE	January 31st by 5pm
END-YEAR REPORTS DUE	June 30th by 5pm



Healthy Schools Initiative

A photograph of several diverse middle school students walking in a school hallway. They are wearing backpacks and smiling. The hallway has yellow lockers in the background.

Healthy Schools Initiative
Health is Academic

Questions -> Ann Evanilla-Wasson awasson@seqhd.org