



Caring Community Grants 2019-20

A total of \$2.6 million was awarded to 54 community partners for the 2019-20 grant cycle:

Organization and Program	Program Description	Amount Awarded
1. City of San Carlos Adult Community Center Senior Meal Program	Provides low-cost daily lunch and Friday breakfast. Free food vouchers are also offered to low income seniors to insure they have access to healthy hot meals	\$18,000
2. Friends of the Veteran Memorial Center Nutrition Program	Provides lunch 4 days a week to seniors at the Redwood City Senior Center.	\$25,000
3. Peninsula Volunteers Meals on Wheels	Daily meal delivery to elderly, disabled or homebound residents	\$100,000
4. St. Anthony's Padua Feeding the Needy	Provides daily hot meals to the hungry, located in Fair Oaks	\$100,000
5. Saint Vincent de Paul Safety Net Programs	Provides vouchers and gift cards to low income residents who lack access to food, and are at risk for homelessness	\$100,000
6. Second Harvest Food Assistance Program	Provides bags of food to low income, seniors, and disabled residents at 6 locations within SHD	\$100,000
7. Second Harvest Food Pharmacy	Provides Healthy food to low-income patients with diabetes at Samaritan House, Redwood City	\$50,000
8. El Centro de Libertad Adult Intervention Program	Assistance to those requiring drug rehabilitation or transitioning back into community after incarceration	\$35,000
9. El Centro de Libertad Youth Intervention Program	Assistance for youth requiring drug rehabilitation and their families. 98% are low-income	\$50,000
10. Free At Last Residential Treatment of Substance Abuse	A community-based residential substance abuse intervention and prevention program that provides alternatives to incarceration and fosters economic self-sufficiency	\$35,000

11. Latino Commission on Alcohol and Drug Abuse Services of San Mateo County Casa Aztlan	Supports drug and alcohol counseling to men who live in an intensive residential treatment Center located in North Fair Oaks	\$35,000
12. Service League Hope House Healthy Women and Infants Project	Fitness and nutrition program at Hope House for women with drug and alcohol dependency	\$20,500
13. Adolescent Counseling Services Community Counseling Program	Mental health assessment, treatment, and education for teens and their families	\$20,000
14. Adolescent Counseling Services Outlet Program	Provides group counseling, health education, outreach and leadership training to LGBTQ, ages 13-18 years of age in Spanish and English	\$25,000
15. Caminar Bridges to Wellness	Program improves coordination among the physical health care needs and mental health care of clients	\$33,000
16. CASA Core Services	Works to ensure that all abused and neglected children under the protection of the Court have a consistent, caring adult to help them reach their full potential. CASA recruits, trains and supports both English and Spanish-speaking volunteers	\$50,000
17. Catholic Charities Catholic Charities Adult Day Service	Offers a facility that provides a broad range of recreational and social activities, non-medical personal care, supervision and assistance with activities of daily living for frail seniors	\$65,000
18. CORA Family-Centered Mental Health	Provides assessment, referral, and counseling for victims of domestic violence and their families	\$100,000
19. Friends for Youth WHY Mentoring? Whole Health for Youth	Provides 1-to-1 mentoring services to the at-risk youth in our local community	\$40,000
20. LifeMoves Behavioral Health Program for Homeless Families and Individuals	Mental-health services for traumatized homeless families	\$100,000
21. Mental Health Association Public Health and Wellness	Supports a public health nurse to serve the physical health needs of residents of the Belmont and Spring Street Apartments	\$75,000
22. One Life Counseling Low Fee Mental Health	Provides therapy for economically-disadvantaged clients to pay what they could afford	\$70,000

23. One Life Counseling Music and Memory	Custom musical playlists that can unlock memories, thereby alleviating mental isolation, suffering, agitation and depression among seniors suffering with memory impairment	\$25,000
24. Pathways Home Health & Hospice Pathways Bereavement Program	Provides compassionate, professional bereavement counseling and education that supports individuals and families in healing mind, body and spirit	\$25,000
25. Peninsula Family Service Senior Peer Counseling	Funding goes to recruit, train and supervise volunteers who provide emotional support to isolated and vulnerable seniors	\$25,000
26. Planned Parenthood Integrated Mental Health	Program increases patient access to behavior health care and provides opportunities for early assessment	\$80,000
27. Star Vista Daybreak	A transitional living program for homeless, runaway, and former foster youth aged 16-26	\$85,000
28. Teen Success The Redwood City/East Palo Alto Teen Success Program	A mentor/coaching program for low-income, at-risk teen mothers and her child	\$15,000
29. Adaptive PE Adaptive PE	Adult fitness and wellness programs for those with physical disabilities	\$100,000
30. Advocates for Accessible Recreation Redwood City Special Needs Afternoon Program	Offers recreation services for participants with disabilities. SNAP encourages participants to live a healthy lifestyle, offers peer interaction, community outings all in a safe and caring environment	\$50,000
31. Beyond Barriers Athletic Foundation Save Lives & Change Lives	Offers recreational swim instruction and water safety lessons for participation at the YMCA	\$10,000
32. Boys and Girls Club of the Peninsula Triple Play	Focused activities, including a new swimming program, improve children's emotional wellness and physical fitness	\$90,000
33. Community Gatepath Community Access	Health education and fitness opportunities to adults with intellectual and developmental disabilities	\$50,000
34. Edgewood Center Healthy Generations	Will provide outreach, health education, screenings and assessments, and coordinated services and support to improve health outcomes for young and old populations in SHD	\$50,000
35. Foster City Village Building Community Wellness	Will provide members and volunteers with workshops, and activities focused on building relationships and overall wellness, life-long learning, and creating a community contribution	\$30,000

36. Jewish Family Services Seniors at Home	Offers palliative and end- of-life care; dementia consultations; care management; in-home respite and short-term homecare scholarships; and family caregiver supportive counseling. Geriatric specialists will conduct assessments in order to develop individualized care plans	\$60,000
37. Kainos Senior Day Program- Health and Wellness	Offers persons with intellectual and developmental disabilities the opportunity to improve their fitness and mental health through activity, stress management, and health literacy- Funding will help pay for YMCA memberships.	\$30,000
38. Ombudsman Services of San Mateo County Ombudsman Services	Advocates for the health, safety, and dignity of residents living in long- term care facilities. Investigate complaints, conduct regular visits, address abuses, neglect, fraud and exploitation.	\$55,000
39. Peninsula Conflict Resolution Center Pacific Islander Diabetes Health Ambassador Program	Program targets Pacific Islander residents to addresses the prevalence of diabetes through fitness, diet and nutrition education	\$35,000
40. Peninsula Family Services Wellness Programs-Fair Oaks Adult Activity Center	Wellness programs for seniors attending the Fair Oaks Community Center	\$60,000
41. Peninsula Jewish Community Center Pink Ribbon Program	A Post-Operative Breast Cancer Exercise Program designed to meet the specific needs of breast cancer patients	\$15,000
42. Peninsula Volunteers Rosener House	Adult day care facility that provides preventive health programs to avoid premature hospitalization of elderly and disabled	\$80,000
43. Rebuilding Together Peninsula Safe at Home	Program provides minor home repair needs that threaten the safety of low-income, vulnerable residents and provides education to help them identify safety hazards	\$45,000
44. Redwood City Police Activities League PAL's Child Afterschool Program	Works to make a positive difference in the mental, physical, and emotional development of at-risk elementary school children. Funding from SHD specifically for fitness, wellness and health program components	\$40,000
45. San Mateo County Sheriff's Activities League SMC FC Soccer and SAL Healthy Kids	Leadership training, character development, and health education through soccer to N. Fair Oaks youth and nutrition education and to low-income youth	\$50,000
46. Sequoia YMCA Diabetes Prevention	Provides diabetes prevention classes and access to the YMCA	\$10,000
47. Sequoia YMCA Enhance Fitness	A senior fitness and arthritis management program	\$25,000
48. Sienna Youth Center at St. Francis Center Whole, Healthy and Happy!	Supports youth center activities including mentoring in health and academics to low income Latino children age 5-14	\$40,000

<p>49. Villages of San Mateo County Healthy Seniors at Home</p>	<p>Program aims to enable seniors to continue independent and healthy living in their own homes- funding provides scholarships to older adults who cannot afford the full program fees</p>	<p>\$18,500</p>
<p>50. Jewish Family Services Parent's Place Clinical Services</p>	<p>Expert clinicians provide occupational and psychotherapy to children ages 4 to 17 with developmental and sensory delays, and/or emotional and psychological challenges</p>	<p>\$15,000</p>
<p>51. Mission Hospice Transitions Program</p>	<p>Palliative and end of life care through a combination of volunteer and professional services</p>	<p>\$35,000</p>
<p>52. National Center for Equine Facilitated Therapy NCEFT Financial Assistance Program</p>	<p>Offers physical, occupational, and speech therapy conducted on horseback (hippotherapy), adaptive riding, equine- assisted mental and behavioral health programs, for people with special needs.</p>	<p>\$10,000</p>
<p>53. Pathways Home Health & Hospice Pathways Un/Underinsured Program</p>	<p>Provides home health, hospice, bereavement services, private duty and geriatric care management 24/7 Pathways KIDS serves children facing life-threatening illnesses and provides alternative treatments for pain</p>	<p>\$25,000</p>
<p>54. Planned Parenthood Redwood City Health Center</p>	<p>Funds support reproductive health care and education</p>	<p>\$50,000</p>