



Healthy Schools Initiative Grants 2018-19

A total of \$610,000 was awarded to 25 HSI partners for the 2018-19 grant cycle:

Organization Program	Program Description	Amount
1. Acknowledge Alliance Resiliency Consultation Services	Social emotional learning (SEL) curriculum provides direct services to students in elementary and middle school grades. Lessons are led by our licensed mental health professionals to support students struggling with social emotional issues	\$45,000
2. Adolescent Counseling Services On-Campus Counseling Program	Provides free, one-on-one mental health assessments, depression screenings, ongoing individual therapy, supportive services, and education to youth, parents/caregivers, and school staff on campus	\$30,000
3. Children's Health Council Community Connections	Community Connections provides high quality education and outreach programs and creates strong partnerships for collective impact—ensuring the next generation has the tools and support necessary to reach their potential	\$15,000
4. Center for Wellness and Achievement in Education (CWAE) Quiet Time Pilot	The Quiet Time program at Redwood and new pilot at Design Tech will be offered as one or more intersession courses. The curriculum will include a meditation retreat as well as lessons connecting meditation to wellness, leadership, and social- emotional development	\$50,000
5. Friends for Youth Connect Mentoring Initiative	Aims to ensure that students are safe, thriving, healthy, and succeeding in school, with the positive support of a community mentor	\$30,000
6. San Carlos Charter Learning Center School Counselor	Supports students' social emotional learning	\$35,000
7. Star Vista Crisis/Suicide Prevention	StarVista's Crisis Intervention and Suicide Prevention Center (CISPC) offers educational presentations geared toward students (parent and educator versions also available) covering topics such as stress, depression, anxiety, coping skills, help seeking, and suicide prevention	\$18,000



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8. StarVista Youth Development Initiative	Youth Leadership and peer program focused on student health concerns at Sequoia High School	\$20,000
9. Star Vista School-based Counseling	School-based mental health services for Summit/Everest students	\$30,000
10. StarVista School-based Counseling	School-based mental health services for Arbor Bay	\$12,000
11. The Parent Venture Parent Education Series	The Parent Education Series/Parent Venture provides professional, high-quality parent education programming	\$30,000
12. El Centro Prevention Education	Prevention Education is education in the form of a classroom-based Prevention Education Program using a SMART (Students Making a Responsible Transition) Recovery curriculum providing drug and alcohol prevention education for at-risk youth in four local schools.	\$20,000
13. D-Tech Health & Wellness Educator	The Health and Wellness educator would focus on proactive and ongoing health and wellness education. This person will focus on creating curriculum for the advisory program, as well as leveraging other days within the school year that allow for more flexibility in a student's schedule.	\$38,000
14. Breathe California High-School to Middle Peer Education	Using a new peer education model, Breathe California will train SUHSD students to become peer educators who will deliver a curriculum on the health and safety impacts of addiction to middle-school students in the San Carlos School District.	\$25,000
15. Families United United Through Education	A 9-session family engagement workshop to low income families that teaches them to create and implement good habits concerning academics, living a healthy lifestyle, and what resources are available to them to support their health and how to access these resources.	\$25,000
16. San Carlos Charter Learning Center Nurse	Nurse will provide the needed vision, hearing and scoliosis screenings, provide staff trainings on use of epinephrine injectors/first aid and support students with the development of personalized health plans for those learners that have health conditions that impact their education.	\$10,000
17. Summit Public Schools - Summit Prep & Everest Physical Fitness at Boys and Girls Club	Summit and Everest High Schools partnered with Boys & Girls Club to utilize their centers to engage in a program of regular physical activity. Grant supports a part-time PE coach	\$40,000



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18. Jasper Ridge Farm HorseBuddies	Equine therapy and fitness program for special needs youth attending local schools	\$15,000
19. RCSD PE Adapted Access	The Adapted Access program provides students with disabilities access and connection to physical activity through community based instruction.	\$15,000
20. Redwood City 2020 Safe Routes to School	Provides a Safe Routes Coordinator for Redwood City School District	\$12,500
21. Siena Youth Center of St. Holy Family Outdoor and PE	Outdoor Education and Physical Fitness Program at Holy Family School in North Fair Oaks	\$17,000
22. Footsteps PE Yoga & Mindfulness	Belmont Redwood Shores School District Physical Education curriculum will offer Yoga and Mindfulness to Transitional Kindergarten children afterschool.	\$40,000
23. Adelante Spanish Immersion School Garden Program	Nutrition Ambassadors and School Gardens with Outdoor Classroom Coordinator Redwood City School District	\$12,500
24. John Gill Elementary PTO Education Outside Garden Program	Teaches hands on nutrition science and health education.	\$10,000
25. Mary Meta Lazarus Child Center Healthy Eats, Healthy Feet	Healthy Eats, Active Feet is an early intervention program that contributes to young children's lifelong eating/exercise.	\$15,000