



## Caring Community Grants 2018-19

*A total of \$2.4 million was awarded to 50 community partners for the 2018-19 grant cycle:*

Organization and Program	Program Description	Amount Awarded
1. <b>City of San Carlos Adult Community Center Senior Meal Program</b>	Provides low-cost daily lunch and Friday breakfast. Free food vouchers are also offered to low income seniors to insure they have access to healthy hot meals	\$12,000
2. <b>Peninsula Volunteers Meals on Wheels</b>	Daily meal delivery to elderly, disabled or homebound residents	\$100,000
3. <b>St. Anthony's Padua Feeding the Needy</b>	Provides daily hot meals to the hungry, located in Fair Oaks	\$100,000
4. <b>Saint Vincent de Paul Safety Net Programs</b>	Provides vouchers and gift cards to low income residents who lack access to food, and are at risk for homelessness	\$100,000
5. <b>Second Harvest Food Assistance Program</b>	Provides bags of food to low income, seniors, and disabled residents at 6 locations within SHD	\$100,000
6. <b>Second Harvest Food Pharmacy</b>	Provides Healthy food to low-income patients with diabetes at Samaritan House, Redwood City	\$50,000
7. <b>Caminar Stepping Stones</b>	Provides people living with mental illness and substance abuse long- term, personalized support to prevent relapse.	\$20,000
8. <b>El Centro de Libertad Adult Intervention Program</b>	Assistance to those requiring drug rehabilitation or transitioning back into community after incarceration	\$25,000
9. <b>El Centro de Libertad Youth Intervention Program</b>	Assistance for youth requiring drug rehabilitation and their families. 98% are low-income	\$35,000
10. <b>Free At Last Residential Treatment of Substance Abuse</b>	A community-based residential substance abuse intervention and prevention program that provides alternatives to incarceration and fosters economic self-sufficiency	\$31, 500

11. <b>Latino Commission on Alcohol and Drug Abuse Services of San Mateo County</b> Casa Aztlán	Supports drug and alcohol counseling to men who live in an intensive residential treatment Center located in North Fair Oaks	\$30,000
12. <b>Service League</b> Hope House Healthy Women and Infants Project	Fitness and nutrition program at Hope House for women with drug and alcohol dependency	\$40,000
13. <b>Adolescent Counseling Services</b> Community Counseling Program	Mental health assessment, treatment, and education for teens and their families	\$20,000
14. <b>Adolescent Counseling Services</b> Outlet Program	Provides group counseling, health education, outreach and leadership training to LGBTQ, ages 13-18 years of age in Spanish and English	\$25,000
15. <b>Caminar</b> Bridges to Wellness	Program improves coordination among the physical health care needs and mental health care of clients	\$85,000
16. <b>CASA</b> Core Services	Works to ensure that all abused and neglected children under the protection of the Court have a consistent, caring adult to help them reach their full potential. CASA recruits, trains and supports both English and Spanish-speaking volunteers	\$50,000
17. <b>Catholic Charities</b> Catholic Charities Adult Day Service	Offers a facility that provides a broad range of recreational and social activities, non-medical personal care, supervision and assistance with activities of daily living for frail seniors	\$65,000
18. <b>CORA</b> Family-Centered Mental Health	Provides assessment, referral, and counseling for victims of domestic violence and their families	\$100,000
19. <b>LifeMoves</b> Behavioral Health Program for Homeless Families and Individuals	Mental-health services for traumatized homeless families	\$100,000
20. <b>Mental Health Association</b> Public Health and Wellness	Supports a public health nurse to serve the physical health needs of residents of the Belmont and Spring Street Apartments	\$75,000
21. <b>One Life Counseling</b> Music and Memory	Custom musical playlists that can unlock memories, thereby alleviating mental isolation, suffering, agitation and depression among seniors suffering with memory impairment	\$25,000

22. <b>Pathways Home Health &amp; Hospice</b> Pathways Bereavement Program	Provides compassionate, professional bereavement counseling and education that supports individuals and families in healing mind, body and spirit	\$25,000
23. <b>Peninsula Family Service</b> Senior Peer Counseling	Funding goes to recruit, train and supervise volunteers who provide emotional support to isolated and vulnerable seniors	\$25,000
24. <b>Star Vista</b> Daybreak	A transitional living program for homeless, runaway, and former foster youth aged 16-26	\$85,000
25. <b>Teen Success</b> The Redwood City/East Palo Alto Teen Success Program	A mentor/coaching program for low-income, at-risk teen mothers and her child	\$15,000
26. <b>Adaptive PE</b> Adaptive PE	Adult fitness and wellness programs for those with physical disabilities	\$100,000
27. <b>Advocates for Accessible Recreation</b> Redwood City Special Needs Afternoon Program	Offers recreation services for participants with disabilities. SNAP encourages participants to live a healthy lifestyle, offers peer interaction, community outings all in a safe and caring environment	\$50,000
28. <b>Boys and Girls Club of the Peninsula</b> Triple Play	Focused activities, including a new swimming program, improve children's emotional wellness and physical fitness	\$90,000
29. <b>Community Gatepath</b> Community Access	Health education and fitness opportunities to adults with intellectual and developmental disabilities	\$25,000
30. <b>Edgewood Center</b> Healthy Generations	Will provide outreach, health education, screenings and assessments, and coordinated services and support to improve health outcomes for young and old populations in SHD	\$75,000
31. <b>Foster City Village</b> Building Community Wellness	Will provide members and volunteers with workshops, and activities focused on building relationships and overall wellness, life-long learning, and creating a community contribution	\$25,000
32. <b>Friends for Youth</b> WHY Mentoring? Whole Health for Youth	Provides 1-to-1 mentoring services to the at-risk youth in our local community	\$40,000
33. <b>Jewish Family Services</b> Seniors at Home	Offers palliative and end-of-life care; dementia consultations; care management; in-home respite and short-term homecare scholarships; and family caregiver supportive counseling. Geriatric specialists will conduct assessments in order to develop individualized care plans	\$45,000

34. <b>Kainos Senior Day Program- Health and Wellness</b>	Offers persons with intellectual and developmental disabilities the opportunity to improve their fitness and mental health through activity, stress management, and health literacy- Funding will help pay for YMCA memberships.	\$30,000
35. <b>Ombudsman Services of San Mateo County Ombudsman Services</b>	Advocates for the health, safety, and dignity of residents living in long- term care facilities. Investigate complaints, conduct regular visits, address abuses, neglect, fraud and exploitation.	\$55,000
36. <b>Peninsula Conflict Resolution Center Pacific Islander Diabetes Health Ambassador Program</b>	Program targets Pacific Islander residents to addresses the prevalence of diabetes through fitness, diet and nutrition education	\$35,000
37. <b>Peninsula Family Services Wellness Programs-Fair Oaks Adult Activity Center</b>	Wellness programs for seniors attending the Fair Oaks Community Center	\$60,000
38. <b>Peninsula Jewish Community Center Pink Ribbon Program</b>	A Post-Operative Breast Cancer Exercise Program designed to meet the specific needs of breast cancer patients	\$15,000
39. <b>Peninsula Volunteers Rosener House</b>	Adult day care facility that provides preventive health programs to avoid premature hospitalization of elderly and disabled	\$80,000
40. <b>Rebuilding Together Peninsula Safe at Home</b>	Program provides minor home repair needs that threaten the safety of low-income, vulnerable residents and provides education to help them identify safety hazards	\$40,000
41. <b>Redwood City Police Activities League PAL's Child Afterschool Program</b>	Works to make a positive difference in the mental, physical, and emotional development of at-risk elementary school children. Funding from SHD specifically for fitness, wellness and health program components	\$40,000
42. <b>San Mateo County Sheriff's Activities League SMC FC Soccer and SAL Healthy Kids</b>	Leadership training, character development, and health education through soccer to N. Fair Oaks youth and nutrition education and to low-income youth	\$50,000
43. <b>Sequoia YMCA Enhance Fitness</b>	A senior fitness and arthritis management program	\$20,000
44. <b>Sienna Youth Center at St. Francis Center Whole, Healthy and Happy!</b>	Supports youth center activities including mentoring in health and academics to low income Latino children age 5-14	\$35,000
45. <b>Villages of San Mateo County Healthy Seniors at Home</b>	Program aims to enable seniors to continue independent and healthy living in their own homes- funding provides scholarships to older adults who cannot afford the full program fees	\$16,500

<p>46. <b>Jewish Family Services</b>  <b>Parent's Place Clinical Services</b></p>	<p>Expert clinicians provide occupational and psychotherapy to children ages 4 to 17 with developmental and sensory delays, and/or emotional and psychological challenges</p>	<p>\$15,000</p>
<p>47. <b>Mission Hospice</b>  <b>Transitions Program</b></p>	<p>Palliative and end of life care through a combination of volunteer and professional services</p>	<p>\$35,000</p>
<p>48. <b>National Center for Equine Facilitated Therapy (NCEFT)</b>  <b>NCEFT Financial Assistance Program</b></p>	<p>Offers physical, occupational, and speech therapy conducted on horseback (hippotherapy), adaptive riding, equine- assisted mental and behavioral health programs, for people with special needs and a program to treat Veterans and First Responders with PTSD</p>	<p>\$10,000</p>
<p>49. <b>Pathways Home Health &amp; Hospice</b>  <b>Pathways Un/Underinsured Program</b></p>	<p>Provides home health, hospice, bereavement services, private duty and geriatric care management 24/7  Pathways KIDS serves children facing life-threatening illnesses and provides alternative treatments for pain</p>	<p>\$25,000</p>
<p>50. <b>Planned Parenthood</b>  <b>Redwood City Health Center</b></p>	<p>Funds support reproductive health care and education</p>	<p>\$50,000</p>