

## CC GRANTS 2018-19 Grant Recommendations

*Summary: 50 Grantees Awarded; 10 New Grantees: 32 Full requests funded; 18 Partial requests funded*

### Food Security = \$462,000

Organization and Program Name	Program Description	Amount Requested	Amount Currently Funded	Amount Recommended
1. <b>City of San Carlos Adult Community Center</b> Senior Meal Program	Provides low-cost daily lunch and Friday breakfast. Free food vouchers are also offered to low income seniors to insure they have access to healthy hot meals	\$22,000	\$12,000	\$12,000
2. <b>Peninsula Volunteers</b> Meals on Wheels	Daily meal delivery to elderly, disabled or homebound residents	\$100,000	\$100,000	\$100,000
3. <b>St. Anthony's Padua</b> Feeding the Needy	Provides daily hot meals to the hungry in Fair Oaks	\$100,000	\$100,000	\$100,000
4. <b>Saint Vincent de Paul</b> Safety Net Programs	Provides vouchers and gift cards to low income residents who lack access to food, and are at risk for homelessness	\$100,000	\$60,000	\$100,000
5. <b>Second Harvest</b> Food Assistance Program	Provides bags of food to low income, seniors, and disabled residents at 6 locations within SHD	\$100,000	\$100,000	\$100,000
6. <b>Second Harvest</b> Food Pharmacy	Provides Healthy food to low-income patients with diabetes at Samaritan House, Redwood City	\$50,000	\$50,000	\$50,000

### Alcohol, Tobacco, and Other Drugs= \$181,500

7. <b>Caminar</b> <b>Stepping Stones</b>	Provides people living with mental illness and substance abuse long-term, personalized support to prevent relapse.	\$20,000	NEW	\$20,000
8. <b>El Centro de Libertad</b> Adult Intervention Program	Assistance to those requiring drug rehabilitation or transitioning back into	\$100,000	\$25,000	\$25,000

9. <b>El Centro de Libertad</b> Youth Intervention Program	community after incarceration Assistance for youth requiring drug rehabilitation and their families. 98% are low-income	\$100,000	\$40,000	\$35,000
10. <b>Free At Last: Community Recovery and Rehabilitation Services</b> Residential Treatment of Substance Abuse	A community-based residential substance abuse intervention and prevention program that provides alternatives to incarceration and fosters economic self-sufficiency	\$50,000	\$50,000	\$31,500
11. <b>Latino Commission on Alcohol and Drug Abuse Services of San Mateo County</b> Casa Aztlan	Supports drug and alcohol counseling to men who live in an intensive residential treatment Center located in Belmont	\$35,000	\$25,000	\$30,000
12. <b>Service League</b> Hope House Healthy Women and Infants Project	Fitness and nutrition program at Hope House for women with drug and alcohol dependency	\$50,000	\$40,000	\$40,000

### Social-Emotional Support Services= \$735,000

13. <b>Adolescent Counseling Services</b> Community Counseling Program	Mental health assessment, treatment, and education for teens and their families	\$20,000	\$20,000	\$20,000
14. <b>Adolescent Counseling Services</b> Outlet Program	Provides group counseling, health education, outreach and leadership training to LGBTQ, ages 13-18 years of age in Spanish and English	\$30,000	\$20,000	\$25,000
15. <b>Caminar</b> Bridges to Wellness	Program improves coordination among the physical health care needs and mental health care of clients	\$100,000	\$50,000	\$85,000
16. <b>CASA</b> Core Services	Works to ensure that all abused and neglected children under the protection of the Court have a consistent, caring adult to help them reach their full potential. CASA recruits, trains and supports both English and Spanish-speaking volunteers.	\$50,000	\$50,000	\$50,000

17. <b>Catholic Charities</b> Catholic Charities Adult Day Service	Offers a facility that provides a broad range of activities, non-medical personal care, supervision and assistance with activities of daily living for frail seniors	\$65,000	\$65,000	\$65,000
18. <b>CORA</b> Family-Centered Mental Health	Provides assessment, referral, and counseling for victims of domestic violence and their families	\$100,000	\$100,000	\$100,000
19. <b>Friends for Youth</b> WHY Mentoring? Whole Health for Youth	Provides training to mentors on a variety of health issues that impact youth age 8-17	\$45,000	\$40,000	\$40,000
20. <b>LifeMoves</b> Behavioral Health Program for Homeless Families and Individuals	Mental-health services for traumatized homeless families	\$100,000	\$100,000	\$100,000
21. <b>Mental Health Association</b> Public Health and Wellness	Supports a public health nurse to serve the health needs of residents of the Belmont and Spring Street Apartments	\$75,000	\$70,000	\$75,000
22. <b>One Life Counseling</b> Music and Memory	Custom musical playlists that can unlock memories-alleviating mental isolation, suffering, agitation and depression among seniors suffering with memory impairment.	\$25,000	\$20,000	\$25,000
23. <b>Pathways Home Health &amp; Hospice</b> Pathways Bereavement Program	Provides compassionate, professional bereavement counseling and education that supports individuals and families in healing mind, body and spirit.	\$25,000	NEW	\$25,000
24. <b>Peninsula Family Service</b> Senior Peer Counseling	Funding goes to recruit, train and supervise volunteers who provide emotional support to isolated and vulnerable seniors	\$25,000	\$25,000	\$25,000
25. <b>Star Vista</b> Daybreak	A transitional living program for homeless, runaway, and former foster youth aged 16-26	\$85,000	\$85,000	\$85,000
26. <b>Teen Success</b> The Redwood City/East Palo Alto Teen Success Program	A mentor/coaching program for low-income, at-risk teen mothers and her child.	\$15,000	NEW	\$15,000

## Health Literacy, Fitness, and Safety= \$886,500

<p>27. <b>Adaptive PE</b> Adaptive PE</p>	<p>Adult fitness and wellness programs for those with physical disabilities</p>	<p>\$100,000</p>	<p>\$100,000</p>	<p>\$100,000</p>
<p>28. <b>Advocates for Accessible Recreation</b> Redwood City Special Needs Afternoon Program</p>	<p>Offers recreation services for participants with disabilities. SNAP encourages participants to live a healthy lifestyle, offers peer interaction, community outings all in a safe and caring environment</p>	<p>\$50,000</p>	<p>NEW</p>	<p>\$50,000</p>
<p>29. <b>Boys and Girls Club of the Peninsula</b> Triple Play</p>	<p>Focused activities, including a new swimming program, improve children's emotional wellness and physical fitness</p>	<p>\$90,000</p>	<p>\$85,000</p>	<p>\$90,000</p>
<p>30. <b>Community Gatepath</b> Community Access</p>	<p>Health education and fitness opportunities to adults with intellectual and developmental disabilities</p>	<p>\$25,000</p>	<p>NEW</p>	<p>\$25,000</p>
<p>31. <b>Edgewood Center</b> Healthy Generations</p>	<p>Will provide outreach, health education, screenings and assessments, and coordinated services and support to improve health outcomes for young and old populations in SHD</p>	<p>\$86,000</p>	<p>NEW</p>	<p>\$75,000*</p>
<p>32. <b>Foster City Village</b> Building Community Wellness</p>	<p>Will provide members and volunteers with workshops, and activities focused on building relationships and overall wellness, life-long learning, and creating a community contribution</p>	<p>\$25,000</p>	<p>NEW</p>	<p>\$25,000</p>
<p>33. <b>Jewish Family Services</b> Seniors at Home</p>	<p>Offers palliative and end-of-life care; dementia consultations; care management; in-home respite and short-term homecare scholarships; and family caregiver supportive counseling. Geriatric specialists will conduct assessments in order to develop individualized care plans.</p>	<p>\$60,000</p>	<p>NEW</p>	<p>\$45,000</p>

<p>34. <b>Kainos Senior Day Program- Health and Wellness</b></p>	<p>Offers persons with intellectual and developmental disabilities the opportunity to improve their fitness and mental health through activity, stress management, and health literacy- Funding will help pay for YMCA memberships.</p>	<p>\$50,000</p>	<p>\$30,000</p>	<p>\$30,000</p>
<p>35. <b>Ombudsman Services of San Mateo County Ombudsman Services</b></p>	<p>Advocates for the health, safety, and dignity of residents living in long-term care facilities. Investigate complaints, conduct regular visits, address abuses, neglect, fraud and exploitation.</p>	<p>\$60,000</p>	<p>\$55,000</p>	<p>\$55,000</p>
<p>36. <b>Peninsula Conflict Resolution Center Pacific Islander Diabetes Health Ambassador Program</b></p>	<p>Program targets Pacific Islander residents to address the prevalence of diabetes through fitness, diet and nutrition education</p>	<p>\$75,000</p>	<p>\$30,000</p>	<p>\$35,000</p>
<p>37. <b>Peninsula Family Service Wellness Programs-Fair Oaks Adult Activity Center</b></p>	<p>Wellness programs for seniors attending the Fair Oaks Adult Activity Center</p>	<p>\$60,000</p>	<p>\$60,000</p>	<p>\$60,000</p>
<p>38. <b>Peninsula Jewish Community Center Pink Ribbon Program</b></p>	<p>A Post-Operative Breast Cancer Exercise Program designed to meet the specific needs of breast cancer patients</p>	<p>\$15,000</p>	<p>\$15,000</p>	<p>\$15,000</p>
<p>39. <b>Peninsula Volunteers Rosener House</b></p>	<p>Adult day care facility that provides preventive health programs to avoid premature hospitalization of elderly and disabled</p>	<p>\$80,000</p>	<p>\$75,000</p>	<p>\$80,000</p>
<p>40. <b>Rebuilding Together Peninsula Safe at Home</b></p>	<p>Program provides minor home repair needs that threaten the safety of low-income, vulnerable residents and provides education to help them identify safety hazards</p>	<p>\$60,000</p>	<p>\$40,000</p>	<p>\$40,000</p>
<p>41. <b>Redwood City Police Activities League PAL's Child Afterschool Program</b></p>	<p>Works to make a positive difference in the mental, physical, and emotional development of at-risk elementary school children. Funding from SHD specifically for fitness, wellness and health program components</p>	<p>\$60,000</p>	<p>NEW</p>	<p>\$40,000</p>

42. <b>San Mateo County Sheriff's Activities League</b> SMC FC Soccer and SAL Healthy Kids	Leadership training, character development, and health education through soccer to N. Fair Oaks youth and nutrition education and to low-income youth	\$60,000	\$50,000	\$50,000
43. <b>Sequoia YMCA</b> Enhance Fitness	A Senior fitness and arthritis management program	\$25,000	\$20,000	\$20,000
44. <b>St. Francis Center</b> Sienna Youth Center/Change Makers	Supports youth center activities and mentoring in health to low income Latino children age 5-14	\$35,000	\$35,000	\$35,000
45. <b>Villages of San Mateo County</b> Healthy Seniors at Home	Program aims to enable seniors to continue independent and healthy living in their own homes- funding provides scholarships to older adults who cannot afford the full program fees.	\$16,500	\$16,500	\$16,500

### Clinical/ Medical Services= \$135,000

46. <b>Jewish Family Services</b> Parent's Place Clinical Services	Expert clinicians provide occupational and psychotherapy to children ages 4 to 17 with developmental and sensory delays, and/or emotional challenges.	\$15,000	\$30,000	\$15,000
47. <b>Mission Hospice</b> Transitions Program	Palliative and end of life care through a combination of volunteer and professional services	\$35,000	\$30,000	\$35,000
48. <b>National Center for Equine Facilitated Therapy (NCEFT)</b> NCEFT Financial Assistance Program	Adaptive riding, equine-assisted mental and behavioral health programs, for people with special needs and a program to treat Veterans and First Responders with PTSD.	\$10,000	NEW	\$10,000
49. <b>Pathways Home Health &amp; Hospice</b> Pathways Un/Underinsured Program	Provides home health, hospice, bereavement services, private duty and geriatric care management 24/7	\$25,000	\$20,000	\$25,000
50. <b>Planned Parenthood</b> Redwood City Health Center	Funds support reproductive health care and education	\$100,000	\$75,000	\$50,000

\* Red Font Indicates New Program

\* Blue- Background Indicates Suggested Two-Year Grants